Singles Ministry

of the Georgia-Cumberland Conference

Fall Creek Falls Spring Retreat

To Register make your check payable to

Southern Singles Ministry

Mail your personal information (name, address, email address and phone number) along with your check to:

Southern Singles Ministries

PO Box 1361

Collegedale, TN 37315

Cost:

Full Weekend:	\$90.00
Sabbath only	\$30.00
One day and night	\$50.00
At the door	\$105.00

Any cancellation after April 20, 2018 will carry a 25% charge. Full refund til April 19th, 2018.

Items to bring:

Sleeping bag, pillow, any other linens needed for personal care, such as towel and washcloth, flashlight, bible, personal items, rain gear, water bottle, warm and cool clothes, a pair of good hiking shoes.

What to expect:

Boat dock personnel are willing to work with us. Be prepared to be able to paddle boat on Sabbath. *Unless something happens and they just can't allow us to reserve paddle boats, we will have three paddle boats reserved.* We won't know that until I get there on Friday.

There will be one kayak available for you to use on the lake. If you would like to bring your canoe or kayak please let me know ASAP. I will pay the \$5.00 daily fee for you and get your name at the boat dock.

Friday, April 27th

3:00-7:00pm Registration and settling in
5:00-6:30pm Announcements and Lite Supper
6:45pm Wesley Tucker
7:45-10:00pm Visit with friends
10:30pm quiet time

Sabbath, April 28th

If you would like to walk in the morning meet at the walk way to the girls dorm.

8-9:00am Breakfast
9:30am Song Service
9:45-10:45am Speaker
10:45-11:00 Break
11:00-12:00pm Speaker
12:00-12:30pm Break
12:30-1:30pm Sabbath Lunch

2:00-4:00pm Paddle Boats Reserved

2:00-5:00pm Walk around the lake, be on the lake, walk to the falls, choice is yours!

5:00-6:00pm Supper **6:00pm** Evening Worship **7:30-10:00pm**

Games and visiting with new and old friends

PLEASE RESPECT THOSE SLEEPING

Snacks will be available 24-7 and hot drinks

Sunday April 29th

7:00am- til? Morning walk for those who chose

7:45am Breakfast 8:45am Worship

10:00am Packing and cleaning up



Featured Speaker Dr. Curtis Fox

Curtis is a marital and family therapist. He has worked with individuals, couples, and families for over 25 years of experience. Curtis believes in the worth and value of all humans and supports their desire to have joy, fulfillment, creativity, and to have control of their destiny.

Recognizing that some life experiences negatively impact the ability to access internal and external resources to cope with what life throws, knowing individuals have a need for someone who is trained and skilled to assist on this journey towards growth, healing and change.

Using a holistic perspective Curtis knows the importance of interconnections between the mental, emotional, physical, spiritual and relational parts of our being. Using brief, solution-focused and inter-generational approaches Curtis reveals what is needed to make ones life more fulfilling and rewarding.

Menu

Friday supper:

Baked potatoes with toppings, salad, streamed broccoli, summer squash.

Sabbath Breakfast:

Granola with different cereals, instant oatmeal, fruits, toast, juice, and hot drinks

Sabbath Lunch:

Mac & cheese casserole, Special K loaf, Mashed potatoes w/gravy, green beans, sweet corn, hot rolls, tossed salad and vegan cherry cream cheese pie.

Sabbath Supper:

Street Tacos with fixings

Sunday Breakfast:

Scramble tofu, eggs, prosage, biscuits with gravy, tater crowns, sliced tomatoes and muffins.

We will do our best to have above menu but should something happen we appreciate your understanding.

Food is vegan and/or vegetarian



Fall Creek Falls Spring Retreat

April 27th – April 29, 2018



Fall Creek Falls is the perfect place to relax and enjoy the many aspects of nature.

Deer, flowers a peaceful lake invite you to see our Lord in His nature. Take a walk around the lake, hike the many trails or take a boat out. Fall Creek Falls just invites you to rest and refresh your body and your eyes. Bring your camera Fall Creek Falls offers many photo opportunities.